

## Integrity Pest Solutions

### Heat Treatment Prep List

We have compiled a preparation list to help ensure Can reparation protocol, otherwise the treatment will not be effective, and you have a higher chance of re-infesting your home.. The following are the steps that must be taken in order to ensure the complete remediation of your bedbug problem. Please initial next to each item once you have read over the criteria for each area:

\_\_\_\_\_ **STANDARD HOUSEKEEPING:** Standard housekeeping is required prior to treatment. This includes: sweeping, mopping, cleaning the kitchen, washing dishes, and removing all laundry. Clutter makes it impossible to treat. If you are not willing to de-clutter then you will be counter-productive to the community. You must fulfill your part by doing everything you can to eliminate harborages and hiding spots within the home.

\_\_\_\_\_ **TRASH & DEBRIS:** Removal of trash from ALL rooms is a requirement. We will create a wind vortex within the home that will move any papers and trash around at a high rate of speed. These items can become caught in the fans and create a potentially dangerous situation for our equipment as well as the home.

\_\_\_\_\_ **LAUNDRY:** The maintenance and up-keep of laundry is an essential part in maximizing your treatment. Piles, bags and overflowing drawers are the number one reasons most remediation's fail. To ensure a thorough treatment we want all clothes that are in baskets, dressers totes or bags are put in bags and taken to laundry prior to or on the day of treatment. These clothes and linens only need placed in dryers on high heat for 20 minutes. **All hanging clothes in closets that are not over stuffed may remain hanging.** ONLY HANGING CLOTHES CAN REMAIN.

\_\_\_\_\_ **Storage Areas:** When heating the home it is our job to also spread the heat evenly throughout the home. Getting the heat into areas that are packed high and tight is almost impossible. All these items must be dealt with prior to treatment.

NO HOARDING will be tolerated. If you have closets full of boxes and bags the must be gone through and removed.

           **HEAT SENSITIVE ITEMS:** During your treatment, some household items will need to be moved, removed, laid flat, or re-arranged. Although most items are rated for 180 to 220 degrees, there are some that will lose form if left in the heat for too long. We ask that these items be removed the day prior to the treatment if possible. Since the treatment includes heating your home to temperatures between 125 and 130 degrees, it is critical for the safety of your hometown and personal property to remove all heat sensitive items

- Ammunition, gun powder, explosives, lighters, and fuels.
- Antiques or family heirlooms made of fragile materials or thin woods.
- Aquariums
- Exposed or loose batteries
- Cash, valuable jewelry (all valuables left onsite can be declared prior to treatment); we are there to help!! and do not want to be accused of theft.
- Wax items such as candles, crayons and soaps.
- Chocolates, soft candies, breads and spices should be placed inside the refrigerator during treatment. Some plastic jars will lose shape but not be harmful to the food itself. If you have thin plastic shelving heavily loaded down, they could potentially lose form as the plastic heats up.
- Peanut butter
- Perfumes, creams and lotions
- Fine linens (i.e. silk), fabrics or textiles can be damaged. These items should be bagged and taken directly to the dry cleaners.
- Household cleaners and products and shampoos may stay but remember bottles can lose shape. Aerosols and Gel Packs are most important of all to remove.
- Prescription Medications, oxygen tanks, and compressed gases.

- Air pocket soled shoes.
- Oil paintings, drawings, and unframed pictures. Plastic picture frame covers (commonly replacing glass) can potentially curl up and lose shape. Glass frames will be fine.
- Acrylics may warp or lose shape. This includes some types of furniture too. Be sure to discuss any items you think are made out of this material with your technician prior to service.
- Live plants and thin plastic plants
- Wine or other alcohol
- Mini blinds, valances and some vertical blinds. If you leave these items hanging within the home, you are risking them to losing form.
- All outlet and light switch covers need to be removed prior to our arrival. We ask that you keep all covers and screws together in a bucket or tin inside the home. These items are notorious for harboring bugs and eggs. DO NOT remove them from the house. Taking them off the walls allows for the airflow to get into the wall voids where bedbugs love to hide.

Removed Items: Any of the items listed for removal must be done so with great care. This means that each and every item should be wiped down with disinfectant wipes and thoroughly inspected. Yes, every medication bottle and every record must be wiped down unless you want them to return. DO NOT USE BOXES FROM THE HOUSE TO CARRY ITEMS OUT! These boxes are great harborages for bed bugs. You should bring in fresh new boxes or plastic crates that have been wiped clean with disinfectant. When you begin the process we suggest gathering all the items that must be removed into one room close to the door you are using. After they are all gathered, decide what is going into the refrigerator (still wipe them down), then load everything else into bags and take them out immediately. Leaving these boxes and crates set loaded in the house will be counterproductive to what we are trying to accomplish. It only takes 1 female to make her way back into that box and the problem starts all over again.

Our treatment will only be effective if you are committed to making a difference. We know this sounds like a lot of work, but in most homes it really isn't as hard to prep, as it may seem. If there is a large amount of clutter then it can seem overwhelming. If getting rid of bed bugs is something you are truly committed to then detail prep is required.

\_\_\_\_\_ Should you leave any of these items behind, Integrity Bed Bug Solutions will not be responsible for any damages done to or by these items. It is your responsibility to have these items removed prior to our arrival for service. Failure to do so may result in damage not only to the items themselves but to the area where the item lay may be affected as well.

\_\_\_\_\_ **Dress Protocol:** On the morning of your treatment you must have clean clothes to change into before you leave. We recommend that you place a set of clothes for each family member in the dryer for 30 minutes on high. If a dryer is not available, have clothes cleaned and sealed tightly in a bag clean prior to day of treatment. Nothing should leave with you except some valuables. Do not take your laptops, bags purses or anything with you without getting permission from the technician the day of treatment.

\_\_\_\_\_ **Pets:** If you have a cat or dog they will need to be taken out of unit and given a flea bath or grooming the same day as treatment. Bedbugs want your blood however they will also feast on your pets. This means they can transport the bedbugs not only from one room to the other but also spread them around the rest of the building.

### **Chemical free treatment:**

As we are committed to being as environmentally safe as possible and we believe in our heat so much that we have no use of chemicals of any kind. A safe heat treatment means you and your family can come home and not worry about side effect of residual chemicals left behind. The heat does its job and we don't need to use chemicals to "get rid of any we missed". WE DO NOT MISS! If we do we will return and reheat those areas for free.

After treatment the house will be very hot and need time to cool off before re-entering. Be sure to immediately turn on Air conditioning as soon as you are allowed to enter. You may want to turn on air then leave out for a few additional hours for home to cool down. IF you are suffering from COPD, asthma, or any other respiratory issues of any kind, we strongly recommend you stay with family or in a hotel for the night.

Any questions please call or text 614-443-7378

Thank you

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